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🌟 CHIME's \*\*NEW\*\* BIRTHDAY and  
HOLIDAY PARTY GUIDELINES 🍏

We are working towards a healthier school and will promote classroom celebrations that promote a healthy school environment. Please support us in our efforts to show our students that it is fun to celebrate birthdays & other celebrations the healthy way! We are not cutting out sweets entirely (CHIME will still have bake and popsicle sales as fundraisers), but we are asking that you not bring sweets and/or sugary items for birthdays or celebrations (such as Valentine's or Halloween). We are also committing to changing our Valentine and Halloween Grams to a nonedible item. Please let the teacher know in advance if you are bringing a healthy snack into the classroom for a birthday or holiday celebration.

Here are some ideas for those special celebrations:

Fruit & veggie trays, cheese & crackers, pita chips & hummus, bagels and cream cheese, wraps, fruit kabobs, fruit smoothies, popcorn cups, yogurt parfaits, banana bread, guacamole, frozen yogurt tubes with fresh fruit, pizza bites, etc. Please also consider adding gluten/dairy free items as well for our friends with food allergies.

For Halloween or Valentine's Day, consider non edible treats such as pencils, stickers, or little games to hand out!

We are also asking that you please offer healthy items at the bake sales, and think about portion control (smaller muffins, less donuts).  
**THANKS FOR HELPING KEEP OUR CHIME KIDS HEALTHY!**